



Bottles **can** CHANGE LIVES



Hello!

I'm collecting used bottles and cans to raise funds for Beyond Blue to help members of our community whose mental health and wellbeing have been deeply affected by the pandemic crisis. Many for the first time.

The good news is you can help, simply by donating eligible drink containers to the "Bottles CAN Change Lives" recycling appeal.

If you have any empty bottles and cans for me to collect, please leave them here:

Or text me on: _____
to arrange collection.

Thank you for your support.

www.bottlescanchange.org.au

EVERY CONTAINER COUNTS

Each bottle or can donated will help us provide 24/7 expert advice and hope to those in our community experiencing mental health issues.



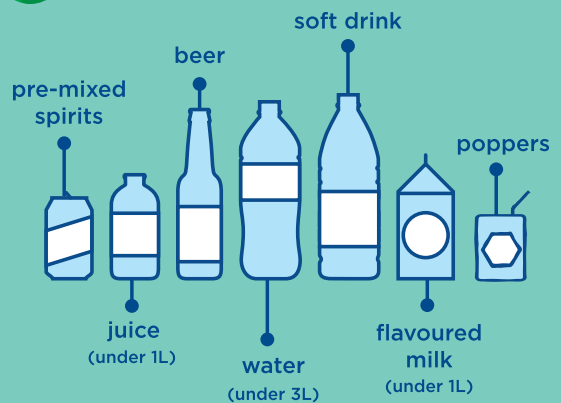
GET INVOLVED, SPREAD THE WORD!

Go to bottlescanchange.org.au for resources to help you organise a collection at work, at school or in your neighbourhood.

Share your donation or give a shout out on social using **#bottlescanchange**



Eligible for a 10c refund



Wine, spirits, cordial & plain milk containers are NOT eligible